

# IMPLANT MAINTENANCE

## CARING FOR YOUR IMPLANTS

YOUR IMPLANTS CAN SERVE YOU FOR YEARS IF YOU KEEP YOUR MOUTH HEALTHY AND TAKE CARE OF YOUR IMPLANTS.

JUST LIKE YOUR NATURAL TEETH, YOU SHOULD BRUSH AFTER EVERY MEAL.

## SPECIAL CLEANING AIDS

A SMALL TOOTH BRUSH OR SPECIAL INTERDENTAL BRUSH CAN BE USED TO CLEAN THE ABUTMENTS.

USE A BRUSH WITH A BENT HANDLE TO REACH BEHIND YOUR TEETH TO CLEAN THE ABUTMENTS.

USE GAUZE OR SPECIAL FLOSS WITH A FOAM COATING TO CLEAN AROUND YOUR GUMS, ABUTMENTS AND PROSTHETIC TEETH.

## TIPS FOR BRUSHING YOUR TEETH

- REMOVABLE PROSTHESIS

AFTER REMOVING, BRUSH THE INSIDE AND OUTSIDE, BRUSH AROUND THE GUMS AND ABUTMENTS AND FLOSS THE ABUTMENTS.

- FIXED PROSTHESIS

BRUSH YOUR FIXED PROSTHETIC TEETH AS THOROUGHLY AS YOU WOULD YOUR OWN TEETH, REACH THE BRUSH BEHIND THE TEETH TO BRUSH THE BACK OF THE ABUTMENTS AND FLOSS AROUND THE ABUTMENTS FROM FRONT, SIDES AND BEHIND.

- ROUTINE CHECK-UPS

AT LEAST TWICE A YEAR YOU MUST HAVE YOUR PROSTHESIS CHECKED TO SEE HOW WELL IT FITS IN YOUR MOUTH, MAKE ANY REPAIRS AND CLEAN THE ABUTMENTS. AND AT THE SAME TIME THE STABILITY OF THE ANCHORS AND THE HEALTH OF YOUR GUMS AND JAW WILL BE CHECKED.

## FIXED



BRUSH YOUR FIXED PROsthESIS AS THOROUGHLY AS YOU BRUSH YOUR TEETH.



BRUSH THE BACK OF YOUR PROsthESIS AND THE ABUTMENTS.



FLOSS THE ABUTMENTS FROM THE FRONT, AND BACK.

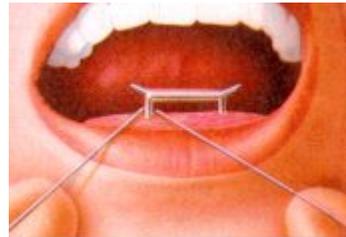
## REMOVABLE



REMOVE YOUR PROsthESIS AND BRUSH IT BOTH INSIDE AND OUT.



BRUSH YOUR GUMS AND ABUTMENTS WHILE THE PROsthESIS IS REMOVED.



FLOSS AROUND THE ABUTMENTS WHILE THE PROsthESIS IS OUT OF YOUR MOUTH.